



SOUTH AFRICAN DANCE TEACHERS' ASSOCIATION
Incorporated Association Not For Gain
Reg No. 1935/007170/08



Est. 1926

SADTA

FREESTYLE | DISCO DANCE

Competition Rule Book

It is the duty of all Professional Members, affiliates and amateur competitors to familiarize themselves with the following rules as outlined in this book.

Any issues or matters not addressed in the Rule Book will be referred to the **SADTA**, whose decision will be considered final.

Updated: 12 January 2026

All amendments and rule changes marked clearly in red.
Subject to alterations by **SADTA | Council** while under review.